

Martha in Charge

About the Story

Mom is out and Helen is sick in bed, so Martha is in charge. She wants to find a cure for Helen. Maybe candy and pizza will help!

Special Words

remedy: A *remedy* is something that makes you feel better when you're sick.

recuperate: When you *recuperate* from a sickness, you feel better.

healthy: If you are *healthy*, you feel strong and good. *Healthy* is the opposite of sick.

cure: To *cure* someone means to help someone who is sick get well again.

Materials

Game: Choose and Chat

Book: _____

Reading Buddies Journal

Pencils, markers, scissors

Watch Together: "Martha in Charge"

- Watch the show with your Little Buddy.
- Listen for the "special" words.
- Find a place where you and your Little Buddy can talk, play, and read together.

Talk and Play Together

Ask your Little Buddy:

- *What was your favorite part of the story?*
- *When Helen had a sore throat, her mom knew how to **cure** it. What did Helen's mom tell her to do?*
- *Did Helen **recuperate**?*

Game: Choose and Chat

1. Place the eight game cards face down on a desk or on the floor.
2. Explain the rules to your Little Buddy:
 - Your Little Buddy will choose a card.
 - You will then read the card aloud.
 - Both you and your Little Buddy will answer the question on the card.
3. Try to use one of the special words in your answers. For example:
*Getting lots of sleep is a good **remedy** for a cold.*
4. Take turns choosing cards until all eight cards have been played.

Before meeting with your Little Buddy, work with your Big Buddy partner to:

- Read and role-play the session plan.
- Cut out the cards and play the Choose and Chat game.
- Read the selected book aloud. Ask and answer the questions.
- Review the *Journal* activity.

Read Together

Read the story aloud. Then talk about these questions with your Little Buddy. This is a chance to use the special words from the *MARTHA SPEAKS* show.

- Were any of the characters in this book sick? Did they recuperate?
- What remedies did the characters use to feel better?
- Show me your favorite picture in the book. What do you like best about it?

Write Together

- Look at the picture in the Reading Buddies Journal.
- Ask: How was Helen feeling—**healthy** or **unhealthy**? What was wrong? What was Mom's **remedy** for Helen's sore throat? Did Helen **recuperate**?
- Read the *Journal* question to your Little Buddy: Tell about a time when you were sick. What helped you **recuperate**?
- Write your Little Buddy's answer in the *Journal*.



I have a
remedy.